

# NILMA PRIMARY SCHOOL

Newsletter #8  
27th of June 2024

## REAL News

*We are a Respectful Relationships School*

76 Bloomfield Road, Nilma 3821 (03) 56232963 or 0423562379 nilma.ps@education.vic.gov.au www.nilmaps.vic.edu.au ABN 93 378 606 495

### Kirsti Farr - Acting Principal



This term seems to have flown by, with only one day of school left before the Term 2 school holidays commence on Friday 28th June. Our students have certainly taken advantage of many sporting opportunities this term with representatives at Division Cross Country, District Athletics, Winter Sports—football, Sporting Schools football and netball, AFL football clinic (F-2) and Introduction to squash (3-6). A huge thank you to all staff for planning these events, in particularly Ms Morrison. Please note that we will once again finish school at 2.30pm on the last day of term. I would like to thank everyone for their continued support and wish everyone a safe and restful break.

**WELCOME** It is with great pleasure that we welcome Kylie Gray to the Nilma PS staff team. Kylie has taken on the role of Student Wellbeing Support Person. Kylie comes to us with a wealth of knowledge and experience in this role. Kylie will work every Monday and Wednesday and will continue to support the running of the Breakfast Club. Make sure you read the Wellbeing page to get to know Kylie a little more and please come and say hello and introduce yourself to Kylie.

**SEMESTER 1 REPORTS** This year Semester One reports were sent to parents via the Sentral App on Monday 24th June.

**PARENT-TEACHER DISCUSSIONS** Red Homegroup parents were invited to meet with Mrs Brown on Wednesday last week and Green, Blue and Yellow this past Wednesday. Thank you to all of

the parents that came to these discussions and shared in the learning of their children. It is so important that we continue to work together to achieve the best outcomes for our students. Parents were contacted last week by Mrs Buckler to book in times for Student Support Group meetings (SSGs). These meetings will take place on Tuesday and Wednesday of Week 3, Term 3.

**2023 ANNUAL REPORT TO THE SCHOOL COMMUNITY** The 2023 Annual Report to the School Community recently received quality assurance by the Department of Education after being endorsed by School Council at a previous meeting. If any parent would like to peruse the document, we do have copies available at the Office, or alternatively we have made the document available on the Nilma Primary School Website.

**AFL STARTER EQUIPMENT PACK** Last week we found out that we were successful in our grant application to the AFL. Next term we will be receiving a starter pack of new equipment including footballs, cones and mini goal posts.

**WGRSSA FOOTBALL—WINTER SPORTS** Congratulations to the students who represented Nilma in the Nilma/Darnum/Bona Vista football combined team against Buln Buln. Zach, Jaxon, Linc, Nate, Kane and Henry, demonstrated exceptional skills and sportsmanship to come away with an easy win. This team moved into the Division Competition on Monday 17th June, in a round robin event. Unfortunately they didn't record a win on this day but should be very proud of the unwavering determination and sportsmanship they exhibited.

**Friday 28th June—END OF TERM 2 (2:30pm finish)**

**Monday 15th July—START OF TERM 3**

**Friday 19th July—Responsible Pet Ownership**

**Program F-2 July**

*Nilma Primary School acknowledges the traditional custodians of the lands on which we work and learn, the Gunaikurnai Nation. We pay our respects to their Elders past, present and*



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Mrs Brown

Red Homegroup students recently completed their Physical Science unit on push and pull forces.

Through a series

of lessons on moving objects, students explored the ways objects move in relation to push and pull forces and investigated how different animals move. Students enjoyed investigating a range of different objects and spent time discussing with their peers how and why things move particular ways and whether or not they moved via pushing or pulling. At the conclusion of the unit, students designed and made their very own toy from recycled materials. These toys were able to be pulled along and students were very excited to take these home to share them with their families.

## Red Homegroup LEARNERS OF THE WEEK

Term 2 – Week 7

Name

Bella Campbell



*You have received Learner of the Week for displaying the qualities of a REAL learner. Well done on your efforts this week, following instructions and taking your time to complete your learning activities.*

Term 2 – Week 8

Name

Stella Blaney



*You have received Learner of the Week for displaying the qualities of a REAL Learner. You are constant in your courteous manner, speaking politely and respectfully to others.*

Term 2 – Week 9

Name

Saxon Dreyer



*You have received Learner of the Week for displaying the qualities of a REAL Learner. Well done on sharing your mathematical thinking, you are a Mathematician!*





Miss De Jong

# Green Homegroup

## LEARNERS OF THE WEEK

Term 2- Week 7

### Jase



You have received Learner of the Week for displaying the qualities of a REAL Learner. You proudly **share your learning** and **celebrate achievements** obtained through your efforts.

Term 2 - Week 8

### Lacey



You have received Learner of the Week for displaying the qualities of a REAL Learner. You showed **initiative** in your learning and problem solving and **offered help to others**.

Term 2- Week 9

### Cooper



You have received Learner of the Week for displaying the qualities of a REAL Learner. You have worked hard to remain **focused** on learning tasks.



This week, students had the opportunity to participate in an Auskick AFL Clinic.

Students had a great time practicing their footy skills and learning some new skills!





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## Yellow Homegroup

### LEARNERS OF THE WEEK



Miss Morrison



The Yellow Homegroup has been bustling with activities, diving into Gecko Sports' introduction to squash, celebrating Thank a First Responder's Day, and even taking charge of running the school assembly.

Term 2 – Week 7



Erika Bailey

*You have received Learner of the Week for displaying the qualities of a REAL Learner. You continue to try your best when presented with learning tasks.*

Term 2 – Week 8



Hannah Flynn

*You have received Learner of the Week for displaying the qualities of a REAL Learner. You have been inclusive of others, considerate of their needs.*

Term 1 -Week 9



Jaxon williames

*You have received Learner of the Week for displaying the qualities of a REAL Learner. You have demonstrated the ability to work independently on tasks when necessary.*





Miss Gardiner

## Blue Homegroup

### LEARNERS OF THE WEEK

#### Term 2- Week 7

##### Brooke Flynn

You have received Learner of the Week for displaying the qualities of a REAL Learner. You are an active **listener**, taking on your peers' ideas and **listen attentively** to explicit teaching and instructions from the teacher.



#### Term 2- Week 8

##### Tanner Laycock

You have received Learner of the Week for displaying the qualities of a REAL Learner. You consistently show **kindness** to others and are both tolerant and **compassionate**.



#### Term 2- Week 9

##### Annie Kelly

You have received Learner of the Week for displaying the qualities of a REAL Learner. You demonstrate the ability to work **cooperatively** as part of a **group**.



Students in Blue Home Group have been learning all about forces including push, pull, gravity and friction in science. Students conducted an experiment to find out which surfaces provide the most friction. Students used weights, a shoe and an elastic band to test the friction that each surface has, and measured how easy or difficult it was to slide the shoe across the surface. Students also considered the tread of the shoe and whether this made a difference to their experiment.



Last Friday, students participated in a Squash Starts clinic. Students had a great time learning and practising the skills through fun games and exercises.





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## West Gippsland District and Division Football



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## Students v's Teachers Netball Game



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## Congratulations on your Reading Nights!

25 Nights

Mayla

50 Nights

Willow

100 Nights

Ethan, Ruby M

125 Nights

Harrison

50 Nights

Noah B, Beau

75 Nights

Eddie, Cooper, Tayte

Lacey, Tye, Hudson

100 Nights

Liv G, Jase, Madison

50 Nights

Bobby

75 Nights

Lucy

125 Nights

Jai, Annie

75 Nights

Nate

125 Nights

Tori, Lahna, Hannah





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## Student Wellbeing

### Lunchtime Activities Monday and Wednesday 1.15 -1.45

Date	Time	Group	Activity	Location
Monday 15 July		All	Lego	Open Learning
Monday 22 July		All	Board games	Open Learning
Wednesday 24 July		F-2	Dodge ball	Basketball court
Monday 30 July		All	Group tag	Oval
Wednesday 31 July		3-6	Basketball	Basketball Court
Monday 5 August		All	Art	STEAM Room
Wednesday 7 August		All	Obstacle course	Basketball court
Monday 12 August		All	Musical statue	STEAM Room
Wednesday 14 August		F-2	Basketball	Basketball Court



### Term 3 Resilience Project and Smiling Minds.

The school will continue to implement The Resilience Project. During Term 3, students will be introduced to G.E.M. Chats. These will be used throughout the day. Keep your eye on the Totem Poles for family weekly G.E.M chat ideas.

### West Gippsland Art Center - The Listies.

2 July, 1:00 pm

"Make Some Noise!" is a comedy concert for humans aged 4-400. Join the maestros of mirth, Rich and Matt, as they belt out a bunch of songs with the LOLs turned up to 11" Members: \$15, Full: \$25, Concession: \$23, Youth U/18: \$10, Family of 4: \$60.

Website: <https://sales.wgac.com.au/>

### Breakfast Club

Breakfast club will continue to be Monday and Wednesdays 8:30 – 8:50am. All students are welcome to attend and enjoy a delicious breakfast. Most Dietary requirements can accommodated, please call the office to discuss.

My Community Library, FREE

Website to book your tickets and to explore what's on at all Gippsland Libraries: <https://www.myl.org.au/>



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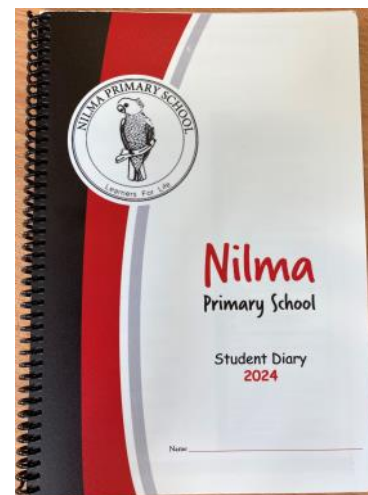


## OFFICE NEWS

Mon, Tue and Thu 8.30—4pm

### Student Diaries

At the beginning of each school year, all students are provided with a new student diary. These are paid for by parents as part of each child's \$225 annual school fee. These diaries are a very important communication tool between teachers, students and parents. If your child has accidentally lost theirs, new replacement diaries can be purchased from the office for **\$8** (please pay via direct debit into the school bank account). **BSB 063.532 Acct No 1008.1033.**



We would also like to take this opportunity to thank **some** of our wonderful 2024 diary sponsors who helped make the diaries more affordable for parents and our school. Note—due to space constraints, we were unable to list all of our wonderful sponsors here.



Camp:

Year 3 - 6: Mill Valley Ranch Wed 23—Fri 25 Oct

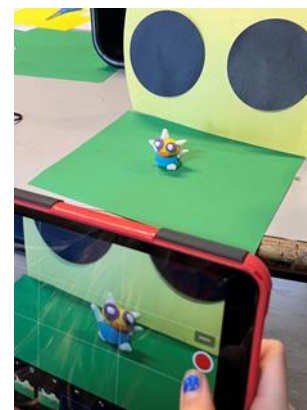
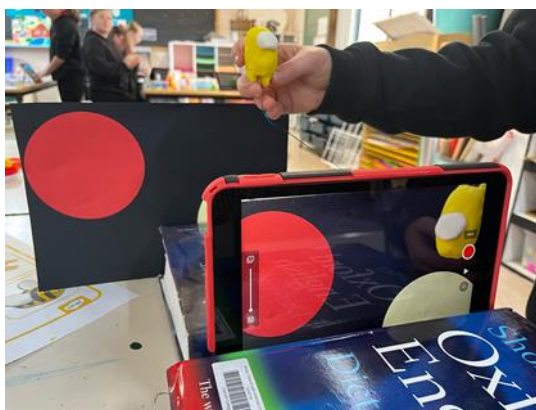


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The end of Term 2 has been jam-packed with fun. Students created a variety of illustrations using soft oil pastels. They practised blending colours and creating smooth finishes. Students also created stop-motion animations. They used playdough and reused paper to create the scenes for their animations.



## Visual Arts



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## OSHC

What a busy and creative Term 2 we have had here in OSHC. We have been very lucky with the weather during the Term allowing us time both inside and out. The children have been able to chose and engage in lots of different activities which has seen them develop individually and as part of a group.

We have welcomed some new children this Term and it has been pleasing to see the acceptance and inclusion shown to them. It has also been lovely watching the older children mentor and support the younger children in the group.

We have played lots of basketball, tennis and dodgeball, ridden on the trolleys, skipped, used the parachute and watched the clouds roll across the sky. Inside we have done puzzles, made slime, painted, cooked, tried our hand at knitting and played giant Jenga.

See you next Term, Peta



### Junior School Council Semester 1 Members



Junior School Council Representatives from each grade met this week to discuss suggestions and future events. Students have some wonderful ideas which we will organise for next term!

I would like to thank the wonderful representatives, Eddie, Ruby, Sonny, Amelia and Tori for the commitment and responsibility they have shown this semester.



## Happy Birthday

Riley, Arlo, Violet, Cooper, Sienna, Amelia, Miss D.



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# SUSTAINABILITY

	Mulching	Rubbish Rangers	Hothouse	
Mini Frittatas with potato chips				Climbing structures
Pruning	Garlic Spray			Scrambled Eggs
Lavender Oil				Pest Control
	Chookhouse	Newspaper Planters		

PIC-COLLAGES



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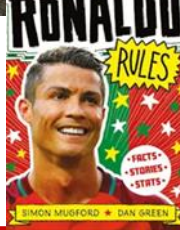
## MARC LIBRARY NEWS



Do you remember reading the Rainbow Snake? Red, Green and Blue Homegroup students enjoyed the Super Snake By Gregg Dreise this tells the story of the Rainbow Snake and the creation of the Darling River. Students have enjoyed reading other stories by First Nations authors.



Yellow Homegroup have been reading about and researching significant people, students are presenting their information to the class, we have had Leonardo da Vinci and Ronaldo visit class!



### DID YOU KNOW?

There are over 500 different First Nations clan groups or nations. Each of these groups have different cultures, beliefs and languages.





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The whole school will be celebrating 100 days of school for 2024 on Monday the 22nd of July. Students are invited to dress up in anything they like to represent their 100 days of school this year. Students are encouraged to bring along a collection of 100. This could be 100 buttons, 100 stickers, 100 sultanas etc. Be as creative as you like, but please consider the size of your items. These items may be put on display and handled so please do not send anything of value. Students in F-2 will be given a 100 chart to bring home to support them with their counting, prior to the event. Students will participate in a range of activities to celebrate this milestone.



We are looking forward to a fun day of celebrations!

Students in years 3-6 had a wonderful time recently on our excursion to the West Gippsland Art Centre. Students viewed a performance called The Alphabet of Awesome Science which had 26 excellent science experiments, one for each letter of the alphabet! After the show, students teamed up for a walk around the Warragul township where they answered questions about the shops and monuments around town.





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## COMMUNITY NEWS




**FOR THE KICKS**

**come find your awesome**

**DARNUM AUSKICK CENTRE**  
Darnum Rec Reserve  
Sundays 10am  
Starting July 14th




[play.afl/auskick](http://play.afl/auskick)




**HCM HEROES HOLIDAY PROGRAMS**

**SCAN ME**



### Expression Of Interest - 2024 Girls Development Program

Information and registration

Gippsland United FC - Girls Development Program Players Expressions of Interest.

Gippsland United FC are looking for expressions of interest from players to join our Girls Development Program (GDP). The program will run for 10 weeks and is open to girls born 1/1/2009 - 31/12/2013.

The main aim of the GDP is for girls to build their skills and confidence to complement and enhance their home club activities. The program has a strong focus and alignment with the skill acquisition phase of football.

We are aiming to begin the week commencing 24th June.

Please direct any questions in the interim to [admin@gippslandunitedfc.com](mailto:admin@gippslandunitedfc.com) and thank you once again for your interest.

\*\*Training sessions will be delivered once a week and delivered on a non-traditional club training night i.e. Monday or Wednesday nights.

\*\*\* It is GUFC's aim to establish two training hubs - (West Gippsland - Baxter Park, Warragul) and (Central Gippsland - Latrobe City Sports Stadium, Morwell).

Expression Of Interest - 2024 Girls Development Program




**COME AND TRY + INFO SESSION**

2-4pm,  
Saturday, 13th July  
Bruce Armstrong Band Room,  
Arts Centre Precinct, Warragul

- Band Ready
- Training Band
- Junior Band
- Senior Band

**Register Now @**  
[projectofficer@warragulband.org](mailto:projectofficer@warragulband.org)







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Parent Information Sessions  
CYMHS And Schools Early Action



at Nilma Primary School provided by the  
(CASEA) in Term 2 and 3!

The CASEA Program works with schools, children and parents. We help children to develop skills in making friends, getting along with others, solving problems, and to understand & manage feelings and behaviours with a focus on health and wellbeing. We know that with these skills students will be happier and have better learning outcomes. Our next parenting session will be on 17<sup>th</sup> June at 2:15pm. The topic for this week will be looking at Parenting Styles, Boundary Setting, Technology Use and Sleep. Hope to see you there

The CASEA Program is about to finish in the Blue Homegroup.

It has been an absolute pleasure getting to know the students in the Blue homegroup and helping them to understand their social and emotional needs. The topics we covered during the program were our amazing brain and flipping the lid, strong emotions (angry and worry), communication and conversation, perception and friendship, Teamwork, Resilience, goal setting and what's my plan and our final session will be Gratitude and Mindfulness.

There were a select few students in the class who have an excellent understanding about their strong emotions and can identify different ways to calm down. This was observed through students reflecting about how they feel in their body when they are worried by using a body template and drawing how it feels for them. Along with looking at our iceberg and identifying what we see above the surface when we are angry (punching, throwing, yelling etc.) and what is really going on beneath the surface (hangry, lonely, tired, frustrated etc.).

Most of the students demonstrated good teamwork and some were observed to have fantastic leadership skills. This was done through small groups of students using newspaper and masking tape to make the tallest tower.

On our last session of the program on Wednesday 26/06/2024 the CASEA clinician will provide some information and resources to students in the Blue homegroup to take home that can be utilised. Some of the content that you will receive will be around "Flipping the Lid" when children's emotions become a tricky and unable to self-regulate, how to make Belly Buddies and Worry Dolls, along with a list of books that are beneficial for students to help support them understand their social and emotional needs and some mindfulness/calm down activities that could even be utilised over the holidays.

Some key recommendations that parents could do to help students in the Blue homegroup with social and emotional wellbeing are: Increase your child's emotional vocabulary. This will help children to increase their understanding and ability to recognise different emotions, not just focusing on angry, worry and sad. This will also help support young people to develop some skills in different ways to calm down such as deep breathing or mindfulness activities.

Focusing on 3 positives and 1 negatives each day will help children increase their resilience. This can be done sitting around the dinner table at the end of the day and reflecting together as whole family. This will help children to improve their problem-solving skills by talking through different ways that they could have approached tricky situations.

Putting boundaries in place for technology use is strongly recommended. Technology use anytime 2 hours prior to bed can have huge impact on brain development and changing their natural body clock called Circadian Rhythm.

If you have any further questions or wanting some different information, please don't hesitate to get in touch with Jessica Walters who is the CASEA clinician at Nilma Primary school this year. For term 3 the CASEA Clinician will be Yellow Homegroup.



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What's On @ Nilma!

June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26	27	28
	School Lunch Orders	<b>Breakfast Club</b>	MARC	<b>Assembly</b> <b>End of Term 2—</b> <b>2:30 PM Finish</b>

July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
15	16	17	18	19
Term 3 Commences	School Lunch Orders	<b>Breakfast Club</b>	MARC	<b>Assembly</b>
22	23	24	25	26
	School Lunch Orders	<b>Breakfast Club</b>	MARC	<b>Grade 6 WRC</b> <b>Transition Day</b> <b>9am—1pm</b>
29	30	31		
	School Lunch Orders	<b>Breakfast Club</b>		